

Con il patrocinio di:



UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA

**DNS**  
Dipartimento di  
Neuroscienze



PSI.VE  
Sez. Veneta

# Epidemiology, prevention and treatment of medical comorbidities in people with severe mental illness

## Responsabile scientifico

Dr. Marco Solmi  
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## Iscrizioni

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Oggetto: Iscrizione 14 febbraio 2020  
Testo: Nome, cognome, data di nascita e qualifica professionale ECM

## ECM - Educazione Continua in Medicina

Sono stati assegnati n. 7 crediti ECM

L'evento è stato accreditato per n. 100 partecipanti con frequenza dell'intera giornata prevista per le seguenti figure professionali:

### MEDICO CHIRURGO

Cardiologia, Endocrinologia, Geriatria, Medicina e chirurgia di accettazione e di urgenza, Medicina interna, Medicina dello sport, Neurologia, Neuropsichiatria infantile, Psichiatria, Medicina generale (medici di famiglia), Scienza dell'alimentazione e dietetica

### INFERMIERE

### DIETISTA

### FISIOTERAPISTA

## Sede congressuale

Aula Magna  
Palazzina dei Servizi, Azienda Ospedaliera  
via Nicolò Giustiniani n. 2, Padova

con il contributo incondizionato di:

Lundbeck International  
Neuroscience Foundation



Durante il convegno  
sarà attivo un servizio  
di traduzione simultanea  
per la lingua inglese

14 febbraio 2020, Padova



# Epidemiology, **prevention and treatment** of medical comorbidities in people with severe mental illness

## Faculty and chairs

### Prof. Francesco Amaddeo

University of Verona, Department of Neurosciences, Biomedicine and Movement  
Verona, Italy

### Prof. Christoph U. Correll

The Zucker Hillside Hospital, Department of Psychiatry, Glen Oaks, NY, USA

The Donald and Barbara Zucker School of Medicine at Hofstra/Northwell  
Department of Psychiatry and Molecular Medicine, Hempstead, NY, USA

Charité-Universitätsmedizin Berlin, Corporate Member of Freie Universität Berlin  
Humboldt-Universität zu Berlin, and Berlin Institute of Health  
Department of Child and Adolescent Psychiatry, Berlin, Germany

### Prof. Angela Favaro

Neurosciences Department, University of Padua, Padua, Italy

### Dr. Michele Fornaro

Department of Psychiatry, Federico II University, Naples, Italy

### Prof. Richard I. G. Holt

Human Development and Health Academic Unit, Faculty of Medicine  
University of Southampton, Tremona Road, Southampton, SO16 6YD, UK

### Dr. Giorgio Pigato

Padua University Hospital, Padua, Italy

### Dr. Marco Solmi

Neurosciences Department, University of Padua, Padua, Italy

### Prof. Roberto Vettor

Department of Medicine, University of Padua, Padua, Italy

8.00 Registration and welcome

8.30 Introduction of speakers, goal setting and audience presentation  
**Dr. M. Solmi**

## First session

Chair first session:

**Prof. A. Favaro, Prof. R. Vettor**

9.00 Prevalence of medical comorbidities in people with severe mental illness  
**Prof. C. U. Correll**

9.40 The expert answers  
Questions and answers

10.00 Effects of physical activity and nutrition on psychiatric symptoms in people with severe mental illness  
**Dr. M. Solmi**

10.30 The expert answers  
Questions and answers

10.45 Coffee break

11.00 Positive and negative effects of psychotropic medications on physical health, and screening strategies  
**Prof. C. U. Correll**

11.40 The expert answers  
Questions and answers

12.00 Non-pharmacological interventions to reduce obesity and the risk of diabetes  
**Prof. R. I. G. Holt**

12.30 The expert answers  
Questions and answers

12.45 Lunch break

## Second session

Chair second session:

**Dr. G. Pigato, Dr. M. Fornaro**

14.00 Pharmacological interventions for metabolic syndrome and its components  
**Prof. C. U. Correll**

14.40 The expert answers  
Questions and answers

15.00 Managing cardiovascular risk and diabetes in people with severe mental illness  
**Prof. R. I. G. Holt**

15.30 The expert answers  
Questions and answers

15.45 Defining value in health care; the principles of cost-effectiveness  
**Prof. R. I. G. Holt**

16.15 The expert answers  
Questions and answers

16.30 A possible model to improve physical health-care in severe mental illness in the Veneto Region  
**Prof. F. Amaddeo**

17.00 The expert answers  
Questions and answers

17.15 Final questions and answers, panel discussion and conclusions