

**WINTER SCHOOL “FASCIAL ANATOMY” 2022**

	MONDAY, 7 <sup>th</sup> February		TUESDAY, 8 <sup>th</sup> February		WEDNESDAY, 9 <sup>th</sup> February		THURSDAY, 10 <sup>th</sup> February		FRIDAY, 11 <sup>th</sup> February	
8.45-9.00	Registration									
9.00-10.00	Introduction (R. De Caro)		Innervation of the fasciae (W. Neuhuber – L. Petrelli)		Biomechanical study of the deep fasciae (Fontanella - Bonaldi)		How the fasciae respond to various stimuli (C. Fede)		Presentation of FR:EIA (V. Chereminskiy)	
	Overview: anatomy of the fasciae (C. Stecco)									
10.00-10.30	Break		Break		Break		Break		Break	
10.30-13.00	Dissection of viscera and abdomen	Human Fascia Plastinates (V. Chereminskiy)	Dissection of the back	Histology of fascia (C. Fede - L. Petrelli - W. Neuhuber)	Laboratory of Biomechanics (Bonaldi)	Dissection of the inferior limb	Ultrasound and shear wave elastography lab (C. Pirri – N. Gaudreault)	Dissection of upper limb	Dissection of head and neck (Stecco – De Caro)	Palpatory and instrumental evaluation of myofascial tissue stiffness (R. Schleip)
13.00-14.00	Lunch		Lunch		Lunch		Lunch		Lunch	
14.00-15.00	Microscopic anatomy of the fasciae (C. Fede)		Active contractility of fascia (R. Schleip)		Clinical and ultrasound evaluation of fascia (C. Pirri)		The visceral fasciae (N. Gaudreault)		Effects of age on extracellular matrix of muscle spindle in skeletal muscle (C. Stecco)	
15.00-15.30	Break		Break		Break		Break		Break	
15.30-18.00	Human Fascia Plastinates (V. Chereminskiy)	Dissection of viscera and thorax	Histology of fascia (C. Fede - L. Petrelli - W. Neuhuber)	Dissection of the back	Dissection of the inferior limb	Laboratory of Biomechanics (Bonaldi)	Dissection of upper limb	Ultrasound and shear wave elastography lab (C. Pirri – N. Gaudreault)	Palpatory and instrumental evaluation of myofascial tissue stiffness (R. Schleip)	Dissection of head and neck (Stecco – De Caro)
18.30-22.30							Dinner at “Caffè Pedrocchi”		Closing remarks	

*in grey: theoretical lessons*

*in blue (group 1) and in red (group 2): practical part*